

An aerial photograph of a rugged coastline. The water is a vibrant turquoise color, with white foam from waves crashing against dark, jagged rocks. The land is steep and covered in dense, dark green vegetation. In the distance, the sea meets a horizon under a sky with soft, white clouds. The overall scene is serene and majestic.

**Skool Cornwall  
&  
Stephanie Rahe Coaching**

**ENGLISH &  
BUSINESS COACHING  
in Cornwall**

Improve your English. Improve your business.  
Improve your life.

# Exclusive Program: English & Business Coaching in Cornwall

Life has changed radically in the last few years. Long-term planning and set goals have had to be adjusted, and some plans have seemed impossible.

Now is the time to begin again. Renew, adapt and reinvigorate your goals. International approaches to business and opportunity are more essential than ever – fluency in English language is part of the picture, but so too is robust business strategy, problem solving and mental health.

## This is our common philosophy:

Take advantage of expert English tuition and expert business coaching in St. Agnes, Cornwall. A hidden gem on the North Cornish coast. There you will improve your English fluency with Skool's expert team, and benefit from personalised business and life coaching with certified coach Stephanie Rahe. There will be a range of activities too, helping you reflect and get the perspective you need.

➤ **Date A: 06. – 13.05.2023**

➤ **Date B: 13. – 20.05.2023**

(arrival/departure Sat)

## OUR EXCLUSIVE ONE-WEEK PROGRAM:

- In advance: online English assessment & coaching meeting
- Morning English classes in small groups from Mo – Fr (14 lessons each 45 min.)
- Personalised 1:1 coachings in German or English (3 sessions in total 4,5h)
- Guided hiking on the South West Coast Path & St. Agnes orientation walk
- Evening BBQ and reflection with your peers
- Homestay in a host family (breakfast & dinner included)
- Continued coaching online when you return (1,5h)

*Skool*  
Toby Keane



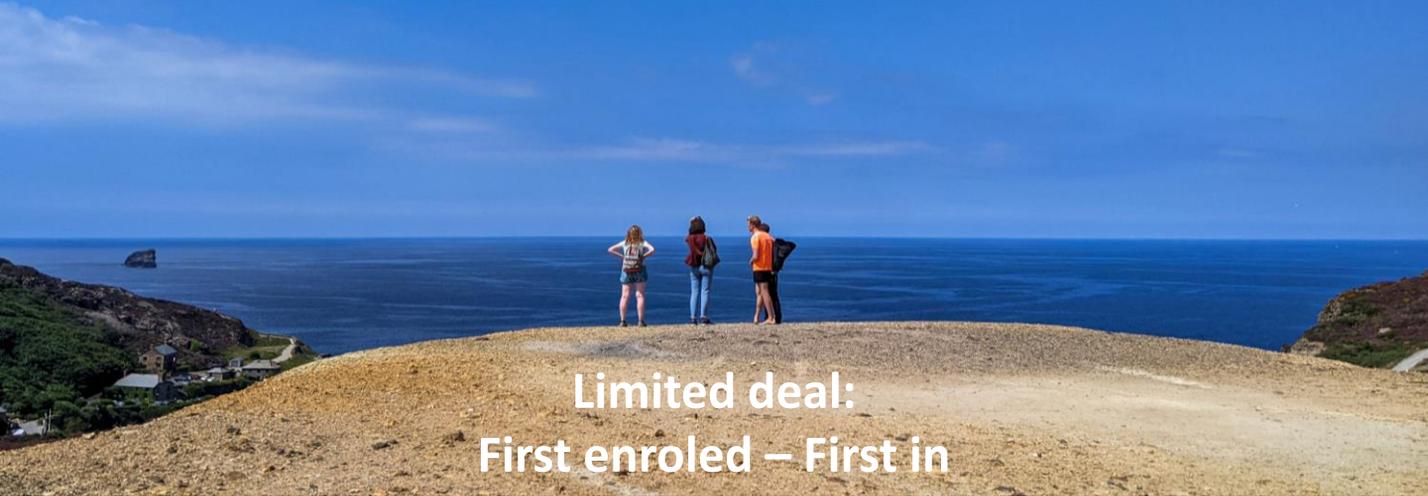
StephanieRaheCoaching



Skool is an English language school in St. Agnes, Cornwall, a UNESCO World Heritage Site, and Area of Outstanding Natural Beauty. Our school sits atop rugged cliffs mere steps from the wild Atlantic Ocean.

At the end of a Skool course you will be a better speaker, reader and writer in English. You will feel like you have learned in a personalised way, far away from busy classrooms, and away from the crowd.

I love to look behind the facade to find out what makes you tick. With my positive attitude towards life I will inspire you to turn your challenges into personal success. I put your thoughts and goals together like jigsaw puzzle piece by piece. When the final piece is in place you will see the roadmap to your long-term success. Let's face your business and private challenges together, include communication and leading skills as well as setting new goals.



Limited deal:  
First enrolled – First in

**Special offer:**  
**1 week 2,250 GBP**  
(2 weeks on request)

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Before the journey you will have an online meeting with Toby Keane – Skool’s director. There he’ll assess your English level, your strengths and weaknesses. You’ll also meet with Stephanie Rahe – this will be a chance to figure out the challenges you want to focus on in your coaching.

Staying with a host family offers you the continued opportunity to improve your English conversation skills. All of our homestays include a single room, breakfast and evening meal. Homestay accommodations are located in St. Agnes, within walking distance of our classroom.

On request:

- **Of course you can either only book English lessons or just coaching sessions in the offered time slots (see page 4)**
- Take advantage of the location and enjoy guided kayak tours or even a surf lesson for the more adventurous.
- Additional English 1:1 lessons
- Additional 1:1 coaching sessions
- B&B/hotel (instead of homestay, price will be deducted)

Further information: <http://visitstagnes.com/stay/>

- Transfer from/to airport:

TRURO TRAIN STATION	Free
NEWQUAY AIRPORT	£60
EXETER AIRPORT	£165
BRISTOL AIRPORT	£265
GATWICK AIRPORT	£450
HEATHROW AIRPORT	£450

\*prices are for each way

For questions/enrolment please contact Stephanie Rahe: [kontakt@coaching-rahe.de](mailto:kontakt@coaching-rahe.de) or +49 2357 9068577 / +49 151 12708273.

For further information have a look at our websites:

[www.coaching-rahe.de](http://www.coaching-rahe.de)

[www.skoolcornwall.com](http://www.skoolcornwall.com)





Further common programmes we have on offer:

All over the year:

- **English in Cornwall**
  - English with Walking
  - English with Water Sports
  - English with Art and Culture
- **Coaching**
  - online
  - in Germany on request

Special periods:

- **Coaching in Cornwall**
  - 06.05. – 13.05.2023
  - 13.05. – 20.05.2023
  - Further dates on request



For questions or further information contact us and have a look at our websites:

  
Toby Keane

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Das ganz individuelle Coaching

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